

**Week 9 - Monday, July 21**

		Age	Swim	Run	Total
<b>Youth - Girls</b>					
1	Taylor Thomas	12	3:10	8:16	11:26
2	Zoe McLaughlin	13	2:54	8:59	11:53
3	Lexi Lambert	11	3:29	11:12	14:41
4	Lucy McLaughlin	10	3:02	13:16	16:18
<b>Youth - Boys</b>					
1	Bradyn Lambert	9	3:46	9:39	13:25
2	Michael Chism	11	6:11	16:41	22:52
<b>Women</b>					
1	Emily Herrell	31	11:17	23:35	34:52
2	Kat McLaughlin	15	11:29	24:20	35:49
3	Molly Renner	43	12:35	26:34	39:09
4	Sheryl Felde	53	14:55	27:00	41:55
5	Emily Gaylord	30	13:35	28:45	42:20
6	Jennifer Stoddard	37	17:15	25:52	43:07
7	Ingrid Trebisky	56	16:00	27:18	43:18
8	Sarah Haught	28	18:00	28:11	46:11
9	Laurel Creamer	30	17:28	28:45	46:13
10	Jane Sage	61	20:28	31:34	52:02
<b>Men</b>					
1	Frank Tomizuka	54	10:14	24:09	34:23
2	Chip McLaughlin	44	15:12	20:49	36:01
3	Derek Wilson	44	11:24	25:04	36:28
4	Steve Felde	59	15:39	21:16	36:55
5	Shane Chism	37	14:05	24:11	38:16
6	Tom McCook	42	13:10	25:51	39:01
7	Ian Shiach	24	17:35	23:11	40:46
8	Mike Merkwan	24	17:38	23:39	41:17