

Week 4 - Monday, June 16

| | Youth - Girls | Age | Swim | Run | Total |
|---------------------|----------------------|------------|-------------|------------|--------------|
| 1 | Ellie Black | 12 | 2:28 | 9:06 | 11:34 |
| 2 | Alexis Lambert | 10 | 3:18 | 10:14 | 13:32 |
| 3 | Issie James | 11 | 4:13 | 12:38 | 16:51 |
| 3 | Brayden James | 10 | 4:29 | 12:22 | 16:51 |
| Youth - Boys | | | | | |
| 1 | Derrick Silva | 12 | 3:15 | 6:59 | 10:14 |
| 2 | Ben Black | 14 | 2:39 | 7:41 | 10:20 |
| 3 | Matthew Riccitello | 12 | 2:42 | 8:06 | 10:48 |
| 4 | Quinn Teller | 11 | 2:48 | 9:27 | 12:15 |
| 5 | Rogan James | 13 | 3:15 | 9:21 | 12:36 |
| 6 | Will Black | 7 | 3:29 | 9:22 | 12:51 |
| 7 | Brayden Lambert | 9 | 3:48 | 9:21 | 13:09 |
| 8 | Christian Neave | 10 | 5:03 | 13:02 | 18:05 |
| 9 | Aidan Jung | 10 | 8:18 | 11:51 | 20:09 |
| 10 | Caden James | 9 | 7:47 | 14:30 | 22:17 |
| 11 | Avery Jung | 7 | 13:02 | 17:34 | 30:36 |
| 12 | Owen Brosanders | 6 | 10:16 | 20:37 | 30:53 |
| Women | | | | | |
| 1 | Jessica Honea | 21 | 10:22 | 21:58 | 32:20 |
| 2 | Melanie Hingle | 37 | 15:41 | 21:36 | 37:17 |
| 3 | Wendy Goldberg | 38 | 14:22 | 24:09 | 38:31 |
| 4 | Sandy White | 51 | 14:30 | 24:04 | 38:34 |
| 5 | Kelly Sandeen | 36 | 16:35 | 25:34 | 42:09 |
| 6 | Sheryl Felde | 53 | 15:00 | 28:27 | 43:27 |
| 7 | Jody Daline | 34 | 14:55 | 30:34 | 45:29 |
| Men | | | | | |
| 1 | Jeff Gautreau | 19 | 10:59 | 17:02 | 28:01 |
| 2 | Sean Anderson | 28 | 11:26 | 18:02 | 29:28 |
| 3 | Dan Combs | 29 | 13:27 | 21:47 | 35:14 |
| 4 | Kent Laughbaum | 54 | 13:37 | 22:06 | 35:43 |
| 5 | Steve Felde | 59 | 15:47 | 21:11 | 36:58 |
| 6 | Shane Chism | 36 | 13:55 | 24:42 | 38:37 |
| 7 | Dan McDonald | 54 | 15:55 | 22:56 | 38:51 |
| 8 | Brian Lambert | 39 | 13:17 | 26:09 | 39:26 |
| 9 | Derek Wilson | 44 | 12:41 | 27:19 | 40:00 |
| 10 | Victor Foscatto | 64 | 14:19 | 33:29 | 47:48 |
| 11 | Abhi Umashankar | 21 | 14:29 | 34:17 | 48:36 |
| Relay | | | | | |
| 1 | Yvette & Devan | | 18:13 | 23:32 | 41:45 |