

Week 7 - Wednesday, July 9

		Age	Swim	Run	Total
Women					
1	Erin Morrison	27	9:45	22:58	32:43
2	Michelle Kaseler	38	14:21	22:52	37:13
3	Melanie Hingle	37	16:42	21:19	38:01
4	Brittany Shutes	27	10:22	28:02	38:24
5	Jessica Lehman	18	11:41	26:58	38:39
6	Kristin Schmidt	32	12:47	25:58	38:45
7	Shari Howard	50	14:05	27:29	41:34
8	Theresa Allison	46	14:22	28:34	41:56
9	Jennifer Stoddard	37	17:30	26:16	43:46
10	Kristina Solheim	62	14:38	33:34	48:02
11	Sarah Vular	36	16:46	32:14	49:00
12	Maggie Etheridge	20	14:12	37:48	52:00
Men					
1	Sean Anderson	28	10:52	17:48	28:36
2	Al Lewis	35	11:59	21:49	33:48
3	Chris Olivares	25	9:23	25:09	34:32
4	Joe Plassman	49	13:55	21:05	35:00
5	Frank Tomizuka	54	10:15	24:52	35:07
6	Mark Biery	45	12:17	23:55	36:12
7	Alex Hollingsworth	26	12:36	23:59	36:35
8	Weston Jones	51	14:00	23:27	37:27
9	Derek Wilson	44	11:46	25:58	37:44
10	Tom McCook	42	13:36	24:49	38:25
11	Steve Outridge	45	17:23	21:04	38:27
12	Dan McDonald	54	16:13	22:31	38:44
13	Doug Everett	50	12:32	27:48	40:20
14	John Lehman	48	16:28	26:40	43:08
15	Abhi Umashankar	21	13:59	29:51	43:50