

Week 7 - Sunday July 14, 2019					
Women		Age	Swim	Run	Total
1	Tara Bruce	32	11:35	19:27	31:02
2	Kristen Metzger	47	12:29	23:53	36:22
3	Michelle Kaseler	43	14:35	24:45	39:20
4	Holly Hughes	34	12:22	26:59	39:21
5	Sandy White	56	14:52	25:31	40:23
6	Michelle Smith	52	14:11	31:37	45:48
7	Katie Lundberg	33	22:55	35:28	58:23
Men					
1	Dan Reavis	34	12:15	19:08	31:23
2	Morey Brown	55	11:05	20:43	31:58
3	Tim Gendler	39	9:44	22:21	32:05
4	Jason Adler	42	10:24	24:54	35:18
5	Drew Droegemeier	36	11:49	24:41	36:30
6	Ray Velez	57	12:39	24:11	36:50
7	Ross Foree	30	12:39	24:18	36:57
8	Joey Freeland	37	12:44	25:13	37:57
9	Ben Yates	45	14:31	23:#6	38:07
10	Zach Nieberding	29	14:31	24:46	39:17
11	Paul Holze	34	17:00	22:50	39:50
12	Jeff Fulks	37	14:54	26:21	41:15
13	Shane Chism	41	14:15	27:08	41:23
14	Kyle Lundberg	34	13:36	28:24	42:00
15	Chris Porter	39	15:29	27:03	42:32
16	Evan Cunefare	30	18:13	43:00	61:13
Youth - Girls					
1	Lauren Anderson	12	2:41	9:20	12:01